HEALTH & MEDICAL

Medication list

A complete, current list of medicines, including vitamins, supplements, creams, drops and puffers. Bring it to every appointment and hospital visit.

NAME

DATE OF BIRTH

DATE UPDATED

ALLERGIES AND REACTIONS

USUAL PHARMACY

MEDICINE	STRENGTH / DOSE	WHEN TO TAKE	WHAT IT IS FOR	PRESCRIBED BY	STARTED	NOTES

General information only, not medical, legal or financial advice.

Medication list (continued)

Stopped medicines

Worth keeping a record of what was stopped and why

MEDICINE	DATE STOPPED	REASON

Tips

Ask your pharmacist or GP to check this list every few months, especially after a hospital stay or new prescription.
Ask your GP whether a Home Medicines Review would help: a pharmacist visits at home to go through every medicine.
Never stop or change a medicine without checking with the doctor or pharmacist first.

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